



Blasdell Elementary School
Working Together for Excellence

April, 2023

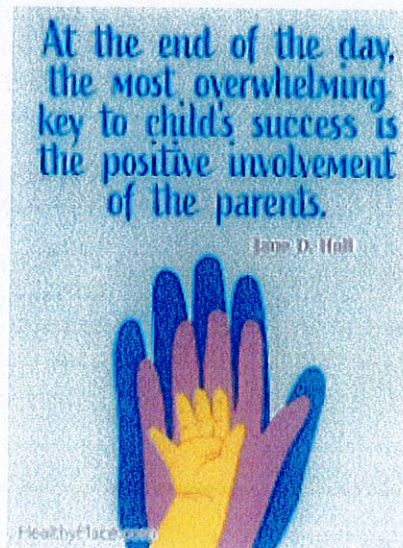
Dear Parent and Guardians,

The Clarence Central School District is offering a 4-part series of virtual parenting classes through their Family Support Center. On the reverse side of this letter, please find an informational flyer. If you'd like to register for any or all of these free classes, just scan the QR code!

We hope you are able to take advantage of this opportunity.

Warm Regards,

Mrs. Becky McGovern
Blasdell Elementary School Counselor





SUPPORTING LITTLE LEARNERS VIRTUAL WORKSHOP SERIES FOR PARENTS

Thursday, May 4th, 6pm-7pm
"Practical Parenting"

Monday, May 8th, 6pm-7pm
"Promoting Mental Health and Well-Being in Young Children"

Monday, May 15th, 6pm-7pm
"Parent-Child Interaction Therapy: An Overview"

Register using QR Code below:

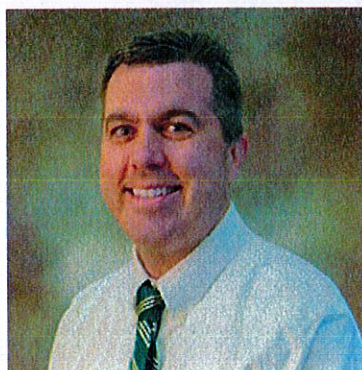


Thursday, May 18th, 6pm-7pm
"Kindergarten is Harder Than Ever"

MEET OUR PRESENTERS

DR. GREG FABIANO

Dr. Fabiano is a professor of psychology at Florida International University (FIU). He is a core faculty member in the Clinical Science in Child and Adolescent Psychology Doctoral Program and the Center for Children and Families (CCF). His program of research has focused on the development, validation and implementation of effective assessments and interventions for children with ADHD and their families.



"PRACTICAL PARENTING"

- Real life examples
- Strategies to use at home
- Morning and bedtime routines
- Fostering positive sibling relationships
- Making the most out of homework time

"KINDERGARTEN IS HARDER THAN EVER"

- History of kindergarten education
- Typical challenges kids face
- Overview of current research
- Practical strategies for parents with kids entering kindergarten

BESTSELF BEHAVIORAL HEALTH

BestSelf Behavioral Health is an innovative organization formed through the merger of Child & Adolescent Treatment Services and Lake Shore Behavioral Health in June 2017. Both organizations served this community for a combined 120 years and are proven leaders in innovative delivery of behavioral health services in Western New York



"PROMOTING MENTAL HEALTH AND WELL-BEING IN YOUNG CHILDREN"

- Strategies to support mental health
- Setting appropriate boundaries
- Warning signs and when to seek support

"PARENT-CHILD INTERACTION THERAPY: AN OVERVIEW"

- Overview of PCIT
- Strategies to implement at home and school
- Strategies to build stronger parent-child bonds